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Greetings!

Welcome to the latest instalment of news, humour and talk from the Type 1 Diabetes Network.

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Talks from World Diabetes Congress Available

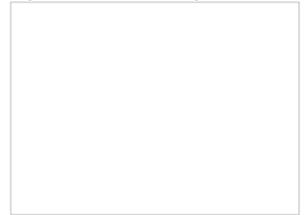
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Talks from the World Diabetes Congress are now available online.

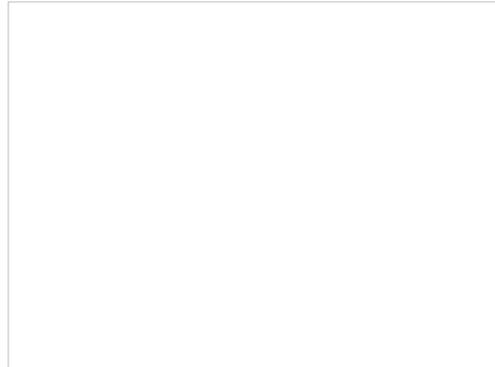
Last month, Kate gave us a rundown of the [highlights from the Congress](#), and now you can see some of the talks she recommended from the comfort of your own computer.

Canadian Ophthalmologist Susan Boyd speaks on [New treatments for retinopathy](#)



[Greg Korbutt, Edmonton - on islet transplantation, xenotransplantation](#)

Kate was impressed by Greg Korbutt's (relative) use of plain English to describe complex topics!! Also watch for how palpable his disappointment is when he talks of the failures of the recent mammal studies - encouraging to see people clearly so invested.



And Kate's talk about *Reality Check*, called *Diabetes Online: Benefits, Risks and Many Opportunities* is now online for you to see how she shared our story with the world!!

Lots of Reality Checkers contributed ideas - and are quoted - so it is exciting to be able to see the talk live and pretend we were

there.

Talk about Reality Check at the World Diabetes Congress is here:

<http://conference2.idf.org/idf2009/0123/default.aspx>

Aspirin Therapy in People with Diabetes

A meta-analysis of the effect of aspirin in the primary prevention of cardiac events in people with diabetes found that there was **no reduction** in cardiovascular mortality or all cause mortality between those on aspirin and those using a placebo.



The study published in the British Medical Journal states ""People with diabetes may not simply be a subgroup of patients at high risk of cardiovascular events but a separate entity, with additional factors playing an important part in determining the efficacy of treatment."

As always one study isn't necessarily conclusive and certainly not something you'd use to make treatment decisions but if it's relevant to you, you might like to discuss the issue with your Doc next time you pay him or her a visit.

The full study was published in [BMJ 2009;339:b4531](#).

World Diabetes Day 14th November Did You Miss it too?

Well, call me a grumpy old diabetic, but I can't see what all the fuss is about. There was a lot of talk about dressing up in blue (what's that about?) and lighting buildings blue, but I still can't discern a clear and useful message from the WDD website.

"Early indications suggest that World Diabetes Day 2009 was a great success...
1015 and counting - the number of buildings and monuments that brought diabetes to light this year.

603 and counting - the number of events registered this year.

113 and counting - the number of countries that recorded events this year.

1700 and counting - the number of pictures submitted to the campaign website.

225,000 - the number of times the virtual candle has been lit.

11,000,000 - the number of views of World Diabetes Day Web banners since January.

4500 - the number of sites that generated visitors to www.worlddiabetesday.org. "

From [World Diabetes Day website](#)

I'd like to see something a bit more concrete eg. the day raised money to help the people in the third world who die because they can't access insulin. Or myths about diabetes were dispelled. Or the rate of misdiagnosis of type 1 diabetes was reducing. Maybe next year.

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[Rochel](#)

Really Bad D Jokes - Did you Do Better?

In last month's Yada we challenged readers to do better than the jokes published on a random diabetes humour site. I'm not entirely sure we succeeded but here goes:

Eliza is runner-up with

Q:What do you call a diabetic father?

A. A sugar daddy

And the winner is..... **Andy** with

Q: Did you hear about the diabetic vampire?

A: Had to blood test his victims....

Diabetes Burnout in Brisbane

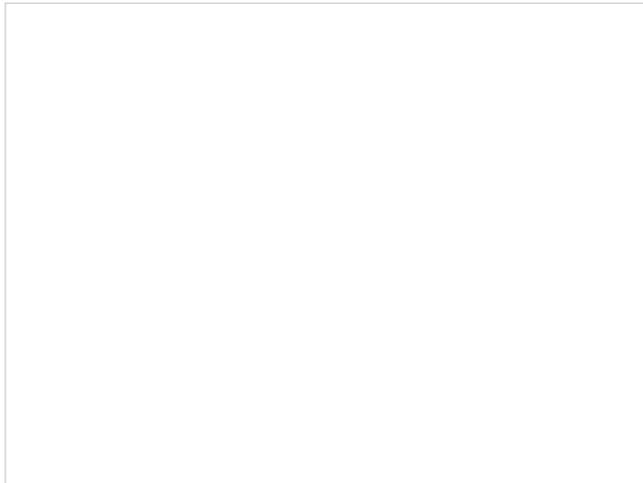
Thanks to everyone who came along to **Diabetes Burnout in Brisbane last week**. Here are some quick pics of the crowd and Kate sharing her 'toolkit from living it' at the event.

[Burnout in Brisbane](#)

About 80 people came along. Thanks to Alan Heady, Health Psychology from the

Mater for sharing his thoughts on this big topic.

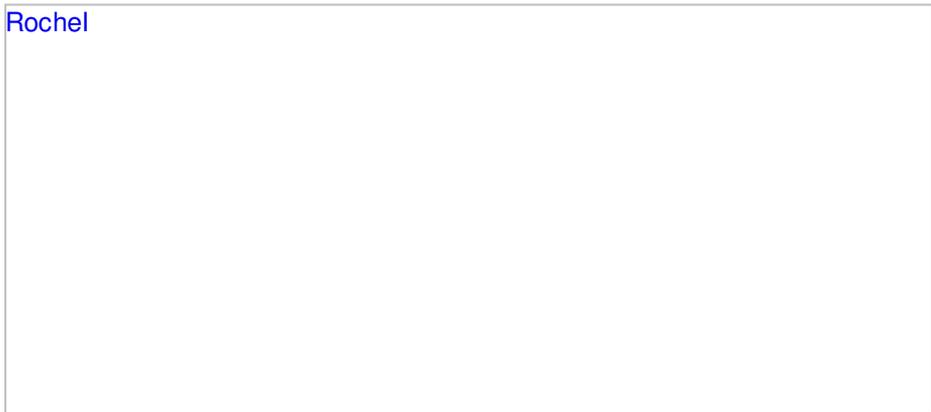
Thanks also to **Kerry, Tash** and **Susan** for making it happen. And to Medtronic for sponsoring and helping throughout the day.



You can find some more info about **Diabetes Burnout** and some of the things discussed here: www.d1.org.au/burnout.htm

And if you have ideas for topics for future seminars in Brisbane, please contact Susan on brisbane@d1.org.au.

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QUICK SHOTS

Hot topics on Reality Check online discussion this week:

- [Were you breastfed and do you still have your tonsils?](#)
- [Pump Failure](#)
- [Most techy blood glucose meter](#)
- [Chocolate](#)
- [Getting to the cause of serious overnight hypos](#)
- [Good 'non D team' health professional experience](#)

Over at Munted Pancreas, our site for parents, they're discussing

- [A Manageable Condition?](#)
- [School plans for pumpers](#)

All the best,

Kate & Mel

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