

Yada Yada: D-Stress, Laughter & More

In This Issue

[Quiz for Partners](#)

[How D-Stressed Are You?](#)

[Health Minister shares concern about Type 1 D](#)

[Dazzle your endo!](#)

[Volunteers Wanted for Cure Trial](#)

[Help us Spread the Word](#)

Quick Links

[Join the Discussion](#)

[Make a Donation to support The Type 1 Diabetes Network](#)

[Resources for Health Professionals](#)

[More About Us](#)

Greetings!

In this issue of Yada Yada find out your level of D-stress, distract your endo from discussing your disastrous HBA1c at your next appointment, read about cure research that has moved up from mice to real live people and send our fun D Quiz to your Partners & Friends. **Enjoy!**

***** **Sponsored Announcement** *****

To read more about how Jack Perkins manages race car driving and type 1 D, visit [this link](#)

Send our New Quiz to your Partner and Friends!

In the wake of Diabetes Week, and the usual bucket load of obesity doom and gloom, T1DN brings you LAUGHTER!

And an opportunity to **Thank our supportive friends and partners**, who share the D journey with us in various ways.

Get your friends and partners to complete our: **[Friends and Partners Quiz](#)**

Small but very funny prize awaits them at the end.
THIS WEEK ONLY!!

How D-Stressed Are You?

The Behavioural Diabetes Institute is a US based organisation that runs programs, workshops and activities to help people with the emotional side of diabetes - founded by 'Dr Diabetes Burnout' Bill Polonsky and his colleagues.

Woman Stressed Out

Their website

www.behavioraldiabetes.org contains a quiz to help you identify if you are suffering symptoms of diabetes-related stress. You can use the results as a basis for discussion with your healthcare team and/or your personal support network.

[Take the stressed out by diabetes quiz](#)

The Health Minister is Concerned about Type 1 D

Last month, we wrote to all state and federal health ministers and other politicians to inform them of the work we are leading to develop a Statement of Issues Affecting Australians with Type 1 Diabetes. Many of you contributed submissions to this process over recent months - and 15 people with Type 1 from all walks of life are on the Opinion Leaders Group.

We have received positive responses from all over.

A representative of the Federal Health Minister, Nicola Roxon:

"I am delighted to learn of the development of The Type 1 Diabetes Opinion Leaders Group and appreciate the positive contribution this group will make in improving outcomes for Australians of all ages who live with type 1 diabetes.

"The Government is concerned at the increasing incidence ... and particularly the difficulties encountered by people with type 1 diabetes in managing the condition....."

[Read the full letter, and other responses here...](#)

For Your Next Endo Appointment...

Do you need something to distract your endo from your last HBA1c or the extra kilos you've gained over winter? Dazzle him or her with your up to the minute knowledge of D research and make sure they're as on the ball as you!

Abstracts from the June 2008 ADA (American Diabetes Association) conference are now available on the net.



There is a handy search function so that you can find topics of interest quickly.

Use the online database of papers and posters [here](#).

Human Volunteers Wanted for Cure Trial

I'm always a bit circumspect about drawing attention to the latest mass media story about the research breakthrough for diabetic mice.

At least this latest story involves a study of human beings.

The UK's daily Mail reported the following on 14 March 2008

*"A human clinical trial with hopes of finding a cure for type 1 diabetes is to start at a leading American research hospital using BCG, universally given for many years in Britain to prevent tuberculosis. ...**Volunteer patients are now being enrolled for the trial at Massachusetts General Hospital in Boston.** The aim is to find out whether promising results obtained by Dr Denise Faustman in mouse studies can be applied to human diabetes. "*

The rest of the article is pretty sketchy on detail and it's not clear if it's really a cure or a vaccination to prevent destruction of beta cells.

Read the full article [here](#)

Join the discussion about this topic on the [forum](#)

Mad...Madder....Crap Advertising.

Read about the succesful outcome of Catapult's campaign to rid our airwaves of a discriminatory advertisement.

[Read about it on the forum](#)

Help Us Spread the Word About Reality Check

The Reality Check website is featured in the current issue of Diabetes Management Journal, published by Diabetes Australia, and distributed to 30,000 GPs, endos, educators and other health professionals around Australia. □

If you've found Reality Check helpful, could you help us out?

Print out and Give this article to your healthcare team. YOU telling them about Reality Check is the single most effective way of getting them to spread the word to their other patients.

[Get a printable version of the article here](#)

ON THE GRAPEVINE

A few more bits of news from round the traps :

- This American site has a handy table comparing pump features. Not all of the pumps are available in Australia so take care before you pick out which one you'd like! [US Pump Reference Guide](#)
- As the countdown to the Olympics is well and truly underway, make sure you watch out for Gary Hall Jnr swimming for his third gold medal. This is his third Olympics as a type 1 diabetic. Gary shared his wit and wisdom with Reality Checkers [here](#) .
- The Type 1 Diabetes Network has been awarded a Google Grant! The grant provides some free advertising and expert advice about spreading the Reality Check message via [Google](#). Thanks to Google for supporting Type 1 Diabetes through this program.
- Diabetes Australia has launched a new website for itself, and another for the NDSS - but sadly, still no online ordering.
- People with Type 1's concerns about [unnecessary referrals, and misinterpretation of the rules about indefinite referrals](#), were raised at the Medicare Consumer Consultative Committee last month and generated discussion - we have been told that a formal response from Medicare is on its way - watch this space!

T1D Volunteers in Sydney wanted for Study

The Sydney Diabetes Research Unit at the **Royal North Shore Hospital** is conducting a clinical trial for males and females with Type 1 diabetes to investigate the effectiveness of a new drug in reducing albumin excretion rate (protein in your urine).

To be eligible to take part:

- * You must be aged between 18 and 65 and diagnosed with Type 1 diabetes
- * Be able to attend clinic visits at the Royal North Shore Hospital 7 times over a 42 week period.

For further information call Louise Hay on 9926 6820 or visit www.sydneydiabetes.com.au.

All the best,

Kate & Mel

The Type 1 Diabetes Network Inc.

Join Our List

Join Our Mailing List!

Email Marketing by

