

Hi there!

Things are very busy in the D world at the moment and we bring you lots of news, from divabetic makeovers in New York to footy matches in Shepparton, research shedding new light on the cause of Type 1 Diabetes and a new Australian online community for Parents of Type 1 kids.

Pumping, Exercise and Contact Sport

*******Sponsored Announcement*******

Medtronic are holding a patient information evening on using a pump when exercising and playing contact sport. Allan Bolton (endurance athlete and sports physiologist) and American grid iron player, Darren Kirby will be talking about their experiences.

When: Tuesday 27th March, 2007 7.00pm - 9.00pm Where: Next Generation, Victoria Rd Ryde.

[For all the details and to RSVP, click here](#)

Diabetes getting on your nerves.....

In an exciting breakthrough for diabetic mice, Canadian researchers have discovered that abnormal nerve endings are crucial to the development of Type 1 Diabetes in mice. If this discovery holds true in humans it is a significant finding that not only overturns the accepted notion of an autoimmune response being entirely responsible for T1D but offers all sorts of new opportunities for prevention and cure.

The study found that Type 1 Diabetes was reversed when the mice were infused with the protein produced by normally functioning nerve endings. The findings were published in the December 15 issue of *Cell*. The study was led by Dr Dosch, of the Hospital for Sick Children in Toronto.

[Read more info from JDRF...](#)

Getting Active in Victoria

Those Victorian, Type 1 exercise fiends known as Hypoactive are fielding teams in the Murray to Moyne cycle relay in March and Run for the Kids in April. So if you feel like challenging yourself, sign up.

[Visit the Hypoactive website...](#)

Divabetic - Making Over Diabetes

Fancy a massage or facial whilst you're updating your diabetes knowledge? NovoNordisk are running "Divabetic—Makeover Your Diabetes" evenings for women with diabetes in the US. Free massages, spa treatments and makeup tips are provided along with diabetes education sessions aimed at empowering women to take charge of their health.

The sessions in the US are very Type 2 oriented (Plus size fashion parades etc) but it's great to see exciting initiatives in D education and here's hoping somebody might sponsor similar events for Type 1s in Australia soon!

[Read more at Diabetes Health...](#)

Diabetes Ride Across Oz

Don't play truth or dare with Aussie cricketers Angele Gray or Avril Fahey unless you fancy some pretty big challenges. Prompted by Avril's diagnosis with Type 1 in 2003, Angele and Avril dared each other to do something to make a difference and hence the idea of riding bikes from Perth to Melbourne was born.

Angele says "We are both very passionate about promoting diabetes awareness to all Australians. Having experienced the condition first hand, we believe a healthy lifestyle and positive attitude can overcome the daily challenges diabetes can pose. We are both very excited to be undertaking the ride and are looking forward to the challenge."

If you're interested in supporting the ride, either through sponsorship or donations, holding a local event (potentially timed to coincide with the arrival of the riders in your local area) then contact Avril at avril.fahey@bigpond.com.au.

Launch of Online Community For Parents, Munted Pancreas

All of us at the Type 1 Diabetes Network are delighted to announce the launch of another internet community to complement the long running and ever popular site for young adults, [Reality Check](#).

www.muntedpancreas.com is a place for parents and associates to discuss, learn, share and laugh about caring for children with diabetes.

Shelley, the co-founder and volunteer administrator of the site says "The main objective of this site is to allow parents of Type One diabetics to interact and share their stories. At times parents can feel isolated in their particular situation, so who better to discuss your worries or joys with than parents of other T1s?"

Oh and for those (like me) who look blank about the name, apparently "munted" roughly translates to "stuffed" in kidspeak.

[Check out Munted Pancreas...](#)

The Marjorie Cup 2007 - Shepparton Vic

23rd March at Rubalara Football Ground

Dust off your hamstrings and pull on your footy boots for the annual match between kids with diabetes and hospital staff

The 'Shooters' are looking to maintain their champion status but the bloods are keen for a win!

They are looking for guys and girls to be on our footy teams.

So break out the deep heat and contact Cobba on 0409 131 791 for more info.

There are all sorts of ways to join in the fun, help is needed on the organising committee, children to race in the half time dash and volunteers to help with all the other stuff – runners, training, umpires, medical assistance, scorers, cheer squad, catering etc.

[More info ...](#)

Bye for now

If you have any feedback, news or stories to share, hit reply, or visit the [Reality Check forum](#) at any time.

Cheers,

Mel

The Type 1 Diabetes Network

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