

Hiya!

**Must have been a slow news month as our mate diabetes has been in the headlines an awful lot! Yay! A recap on the top two in this edition of Yada Yada.**

Lantus and Levemir were discussed by the powers that be again this month but there's no news yet - we'll be yelling from the rooftops when there is, you'll hear it here!

Meanwhile, Dr Michelle's back with some wise words, and we've unearthed a fabulous creative talent in our midst.

## Dr Michelle ... To endo or not?

Dr Michelle's very popular column returns after a summer siesta. This month, she answers a reader's question with her familiar wit and wisdom:

*I hear that I should be seeing an Endo? I don't know what an Endo could offer that my GP doesn't?*

[Read on...](#)

## London Premiere for Ben Ellis

Australian playwright Ben Ellis, 31, is taking London by storm with the world-premiere of his new play, Poet No. 7, which is now playing at The Latchmere Theatre.

**Ben gives us the High & Lowdown on life with D as a jet-setting, award-winning, inspiration-filled playwright.** From giant green condoms to amoeba, via orange cults and coffee.

[Read all about it....](#)

## Seaweed Solution - In the news

The Diabetes Transplant Unit at UNSW continued there years of innovative research by announcing (and showing the world!) an exciting new procedure.

**Janice Stewart, a nurse with Type 1, was injected with human islet cells that had been coated in a seaweed extract** - this is hoped to protect the cells from the immune system attack which causes our diabetes in the first place.

[Read about it direct from the researchers...](#)

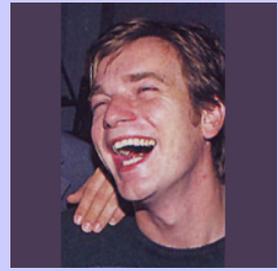
See what people are making of the seaweed news on our website. Ask questions. Chat about whether it's help all round for us.

[Chat about seaweed...](#)

## Laughter is medicine... and genetics

A Japanese geneticist has kindly spent the last few years of his life finding the concrete evidence for what Reality Check has been telling you for years .... [Laugh!!](#)

**Kazuo Murakami has discovered 23 genes that respond to laughter, many of which are also connected with the immune system.** His work has been shown to be particularly relevant to people with diabetes. He says, "it won't be a joke to see patients receive a prescription for a comedy video at a pharmacy".



[Read the article in the Times...](#)

## Cheers!

Hope you enjoy some of those bits and pieces.  
There's a link below to make it easy to share this with friends and family who might enjoy it too.  
Cheerio, Kate

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